

# Children's Camp General Information Sheet

Parents and Campers please read this information carefully. Keep this sheet as a reference for camp packing and preparation.

## Camp Rules

1. No fireworks, knives, firearms, tobacco, drugs or alcohol will be allowed. Violators will be sent home.
2. No cell phones, TVs, game boys, radios, tape players, MP3 or CD players, etc. will be allowed.
3. State regulations require mattresses to be covered with a sheet (even if using a sleeping bag).
4. Dress code for everyone calls for modesty. No swim suits that show bare midriff (girls), halter tops, spaghetti straps, tube tops, etc. or short shorts will be allowed at camp. Shorts are to be at least mid-high length.
5. Immoral conduct, fighting, vulgarity, or profanity will not be tolerated!

## Checklist of Things to Bring *(Don't forget to label personal items with your name.)*

<input type="checkbox"/> Sleeping Bag	<input type="checkbox"/> Toothbrush	<input type="checkbox"/> Bible/Pencil
<input type="checkbox"/> Pillow / Sheets / Blanket	<input type="checkbox"/> Shampoo/Soap	<input type="checkbox"/> Play clothes
<input type="checkbox"/> Water shoes	<input type="checkbox"/> Towels (pool/bath)	<input type="checkbox"/> Swimsuit (no bare midriff for girls)
<input type="checkbox"/> Tennis/running shoes	<input type="checkbox"/> Flashlight	<input type="checkbox"/> Trash bag for dirty clothes

## Notes to Parents

- ❖ Money for snacks is not necessary. It is included in the registration fee. All campers will be provided a snack ticket. Please do not send extra money. The snack stand will not accept cash.
- ❖ It is best to mark all items with your child's name. It is advisable not to send clothes that would upset you if they did not return home.
- ❖ The camp telephone is off limits to all campers. In case of emergency, parents may call the camp director or nurse at (615) 446-3279.
- ❖ Medications for your child are to be sent in a clear zip-lock bag with child's name. Each medication should be in the original container with child's name and directions clearly labeled. If information you originally submitted on the registration form has changed, send clearly written updated medication instructions for the camp nurse. Medications will be given to the nurse at registration check-in.
- ❖ Due to camp security, visitors are only allowed at camp activities as follows: *Visitation with any camper must be approved by the children's camp director in advance.* Any approved visitor must first check in at the Welcome Center offices upon arrival. In case of an emergency, parents must notify the camp director and check in at the Welcome Center offices upon arrival. Your child and his/her belongings will be brought to you at the Welcome Center for early release.

*For the health and safety of all campers we request that you do not send your child to camp if he/she has had a fever or experienced vomiting, diarrhea, or any other symptom of contagious condition within 24 hours of 10:00 a.m. first day of camp week. Thank you.*

## Arrival and Departure Schedule

- Camper check in is 1:00-2:30 a.m. first day of camp.
- Camper check out is 11:00 a.m. the last day of camp.